

# MITCHELL BREAKFAST MENU



## HOT BREAKFAST ITEMS

- MONDAY-Breakfast Pizza
- TUESDAY- Breakfast Burrito
- WEDNESDAY-Pancakes
- THURSDAY-Breakfast Sandwich
- FRIDAY-Breakfast on a Stick

## ASSORTED ITEMS

- Pop Tarts
- Assorted Cereal
- Breakfast Bars
- Muffins
- Mini Cinnamon Roll
- String Cheese
- Yogurt

## ASSORTED FRUITS

- Fresh Fruit
- Assorted Juice
- Canned fruit
- Dried Fruit

\*HAVE TO TAKE AT LEAST ½ CUP OF FRUIT



## ASSORTED MILK

- Skim
- 1% White
- Skim Chocolate

\*STUDENTS CAN TAKE ITEMS FROM THE FOLLOWING GROUPS: 1 or more FRUITS, 1 MILK, AND 2 FROM BREAD/GRAIN PROTEIN GROUP