

Mitchell Elementary Breakfast Menu

HOT BREAKFAST ITEMS

Monday-Breakfast Pizza

Tuesday-Burrito

Wednesday-Pancakes

Thursday-Breakfast Sandwich

Friday-Breakfast on a Stick



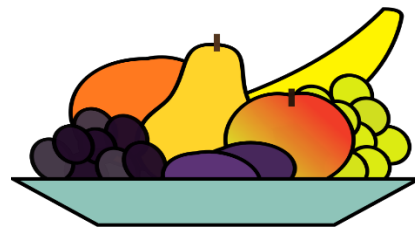
ASSORTED FRUITS

Fresh Fruit

Assorted Juice

Canned fruit

Dried Fruit



ASSORTED BREAKFAST ITEMS

Whole Grain Pop Tarts

Assorted Cereal

Breakfast Bars

Muffins

Mini Cinnamon Roll

String Cheese

Yogurt

*STUDENTS CAN TAKE ITEMS FROM THE FOLLOWING GROUPS: 1 OR 2 FRUITS, 1 MILK, AND 1 FROM BREAD/GRAIN PROTEIN GROUP

*STUDENTS HAVE TO TAKE ½ CUP OF FRUIT

*THIS MENU IS AN EXAMPLE OF THE DIFFERENT ITEMS OFFERED, BUT IT IS NOT LIMITED TO ONLY THESE ITEMS

ASSORTED MILK

Skim

1% White

Skim Chocolate